

CLASS - I

EVS

CHAPTER - 4 (FOOD WE EAT)

Date :

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Q. Answer the following -

1. Why do we need food ?

Ans - We need food to live.

2. Name the three meals eaten in a day.

Ans - (i) Breakfast

(ii) Lunch

(iii) Dinner

3. Name the foods that we get from animals ?

Ans - The food we get from animals are milk, eggs, meat and honey.

4. Why should we drink water ?

Ans - It gives us energy to work and play and help us to grow.

NOTE -

Home work - (i) Learn and write neatly in your notebook.

(ii) Stick the pictures of different types of food on different festivals.